

GREETINGS FROM EMMANUEL ROAD, 3RD JULY 2021 NOTE ABOUT THE SUNDAY MORNING SERVICE OF MINDFUL MEDITATION AND A REMINDER ABOUT THE JAZZ CONCERTS BEGINNING THIS COMING MONDAY EVENING (JULY 5TH).

Posted on July 3, 2021 by Andrew Brown

Greetings.

As in all previous weeks, I trust things remain as well as can be expected with you all.

Please remember that if you would like to speak with me during the week simply reply to this email and we can arrange a suitable time to talk properly either by telephone, Zoom or on a socially distanced one-to-one walk/talk. More people are getting in touch with me to arrange meetings so please do be in touch if you'd like to do this.

As always my weekly blog post and podcast are available at the links found below my signature in this email.

If, on reading this, you decide you would like to join us for the Sunday morning service of mindful meditation and time of conversation following and do not have the necessary Zoom link then please either contact me (details at the end of this post) or our Church Secretary, Brendan Boyle, via the contact page of our website. Just look through the dropdown tabs to find "Secretary":

<https://www.cambridgeunitarian.org/contact/>

Please log in between 9.45 and 10am. The meditation starts at 10am sharp, and finishes at about 10.50. There will then be a short break to allow you to stretch your legs, compose

your thoughts, or put the kettle on. The Time for Conversation'will start at about 11am, and if you arent taking part in the meditation, feel free to sign in during the break for the conversation.

To get the most from the meditation, you will find it helpful to either print out the order of service, or display it in a second window. Here is the link:

Order of Service for the Mindful Meditation:

<https://www.cambridgeunitarian.org/wp-content/uploads/2020/03/Evening-Service.pdf>

You might also wish to have a small candle or tea-light to hand to light at a certain point during the meditation.

A representative recorded version of the service is available for download via my podcast site here:

<https://www.buzzsprout.com/1378024/7314817>

<https://open.spotify.com/episode/58kI7c6zviN3JgGqWmAync>

A homespun video introduction to the service can be found on YouTube at this link:

<https://www.youtube.com/watch?v=qfmVH34meck&t=904s>

And, lastly, a reminder that the first of the summer series of JAZZ CONCERTS in the church is on Monday. A few tickets are still available and can be purchased at the following link:

Tickets: £5 <https://www.ticketsource.co.uk/little-sunflower-jazz-club>



**LITTLE
SUNFLOWER
jazz
CLUB**

Summer 2021

Piano Trio Series

Three evenings of swinging entertainment
from three of the UK's finest jazz pianists,
joined by Andrew Brown (bass) and
George Double (drums).

Monday | 5th July 2021
Doors 7pm | Show 7.30pm

CHRIS INGHAM



Monday | 2nd August 2021
Doors 7pm | Show 7.30pm

PETE LETANKA



Monday | 6th September 2021
Doors 7pm | Show 7.30pm

ANDREA VICARI



BOOKING

Tickets £15
<https://www.ticketsource.co.uk/little-sunflower-jazz-club>
minister@cambridgeunitarian.org
or call 07477 462110

Cambridge Unitarian Church
5 Emmanuel Road
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With love and best wishes as always,

Andrew

Andrew James Brown

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07477 462 110 (Mobile)

<http://www.cambridgeunitarian.org/>

Other stuff...

<http://andrewjbrown.blogspot.com> (Blog)

<https://footprints.buzzsprout.com> (*Making Footprints Not Blueprints* Podcast)

<https://open.spotify.com/show/2MD0r3SKy7H66r2XMYiGZC>

<https://twitter.com/caute> (Twitter)