

NEWSLETTER 30TH SEPTEMBER 2023

Posted on September 30, 2023 by Andrew Brown

Greetings to you all.

If you wish to join us for the *Morning Service of Mindful Meditation* on Zoom, then please click on the following link and join from 10.15am. The service starts at 10.30am and will finish on, or shortly after 11.30am.

<https://us02web.zoom.us/j/86584947084?pwd=RHdlVWlVbG5uajcxODhqT2h5djExZz09>

Meeting ID: 865 8494 7084
Password: 729425

If you would like to hear [a representative version of the mindful meditation section of the service and/or to find out more information about the service please click on this link](#).

Following the service there is a **Bring Your Own Picnic Lunch** and, after that, there's a **Singing Together Session**. Marianna, who leads this, writes, "Please join us for singing together after the shared lunch on Sunday 3rd. We meet to explore different styles of music and nothing is really advanced. Printed music is provided, or just the lyrics. We shall improve a couple of songs from last month, and add one or two more. Join in any month."

The minister's blog and podcast (which contain the weekly thought for the day found at the end of the service) can be found at the following links:

CAUTE -MAKING FOOTPRINTS NOT BLUEPRINTS

<https://open.spotify.com/show/2MD0r3SKy7H66r2XMYiGZC>

[The Mystery & Miracle of Life A Sunday Morning Service of Mindful Meditation \(reorder w. conversation and one song July 2023\) Download](#)