

WEEKEND GREETINGS FROM EMMANUEL ROAD A NEW PODCAST FOR THIS WEEK OF REMEMBRAN NOVEMBER 2020

Posted on November 8, 2020 by Andrew Brown

Greetings to you all once again. I very much enjoyed seeing so many regulars and newcomers at this morning's Service of Mindful Meditation which included the Remembrance Sunday two minute silence. It was also good to see a few others at the later Time of Conversation.

Naturally, I trust that all is as well as can be expected with you especially as we enter into another period of lockdown. As always, please be in touch by replying to this email if you would like to speak with me during the week and we can arrange a suitable time to talk properly either by telephone, Zoom or by taking a socially distanced walk somewhere in and around town.

My Remembrance Sunday/Armistice Day connected address fro you this week is called, "This monument is for the unknown good in our enemies" and it can be found on my blog by clicking the following link:

https://andrewjbrown.blogspot.com/2020/11/this-monument-is-for-unknown-good-in.html

Alternatively you can listen to a podcast version by clicking on this link:

https://www.buzzsprout.com/1378024/6272509

If you would like to join a conversation about this or any other edition of this podcast then please note that our next Wednesday Evening Zoom meeting will take place on 18th November at 19.30 GMT. The link will be posted in the notes to the next podcast.



Here's the timetable:

19.15-19.30: Arrivals/login

19.30 - approx. 20.00: Streaming of the latest edition of "Making Footprints Not Blueprints"

20.00 - 21.00: Questions to, and conversations with, Andrew James Brown moderated by Courtney Whalen Van de Weyer

21:00: Event ends

Those of you who have already listened to the podcast and who only wish to join in the conversation are invited to login to the meeting at about 19.55.

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If, on reading this, you decide you would like also to join us on Sunday morning and do not have the necessary Zoom link for the morning mindful meditation and time of conversation following then please contact our Church Secretary, Brendan Boyle, via the contact page of our website. Just look through the dropdown tabs to find Secretary."

https://www.cambridgeunitarian.org/contact/

Please log in between 9.45 and 10am. The meditation starts at 10am sharp, and finishes about 10.50. There will then be a short break to allow you to stretch your legs, compose your thoughts, or put the kettle on. The Time for Conversation'will start about 11am, and if you arent taking part in the meditation, feel free to sign in during the break for the conversation. To get the most from the meditation, you will find it helpful to either print out the order of service, or display it in a second window. Here is the link:

Order of Service for the Mindful Meditation

https://www.cambridgeunitarian.org/wp-content/uploads/2020/03/Evening-Service.pdf



You might also wish to have a small candle or tea-light to hand to light at a certain point during the meditation.

If you cant come to the live Zoom meditation, at the following link, you can download an mp3 of the service I made for you back at the beginning of lockdown. For your delectation Ill be recording a new, higher fidelity one in the very near future:

MP3 of the Service of Mindful Meditation

https://www.cambridgeunitarian.org/wp-content/uploads/2020/03/The-Mystery-and-Miracle-of-Life.mp3

Andrew James Brown

With love and best wishes as always,

Andrew

http://andrewjbrown.blogspot.com/

https://twitter.com/caute (@caute)

https://www.buzzsprout.com/1378024Making Footprints Not Blueprints Podcast)