

ON THE NEED TO TAKE EVEN STROKES—HOW HENRY BUGBEE’S NATURALISTIC PHILOSOPHY AND SOME MINDFUL MEDITATION MIGHT HELP US GET THROUGH THE PANDEMIC

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Text: <https://andrewjbrown.blogspot.com/2021/01/on-need-to-take-even-strokeshow-henry.html>

Podcast: <https://www.buzzsprout.com/1378024/7208773>

The next series of online, Zoom conversations will start on Wednesday 27th January. To give us more time to talk and to allow people to bring more general questions and thoughts to the table, the next couple of Wednesday conversations will not start by playing that week’s podcast but will go straight into the conversation.