

GREETINGS FROM EMMANUEL ROAD, 17TH OCTOBER 2020, AND SOME INFORMATION ABOUT THE NEW PODCAST & WEDNESDAY EVENING CONVERSATION

Posted on October 17, 2020 by Andrew Brown

Greetings to you once again. I trust that all remains as well as can be expected with you.

As in previous weeks, I look forward to seeing some of you tomorrow, Sunday, either for the mindful meditation and/or in the time of conversation following. Further details about how to join this can be found at the very end of this email.

As always, please be in touch by replying to this message if you would like to speak with me during the week and we can arrange a suitable time to talk properly either by telephone, Zoom or by taking a socially distanced walk somewhere in and around town.

My weekly piece for you is entitled *"The Flight of the Phoenix or what can be done to prepare for a future, post-COVID-19, time?"*

You can read it at this

link:< <https://andrewjbrown.blogspot.com/2020/10/the-flight-of-phoenix-or-what-can-be.html> >

Or listen to a podcast version at this link:< <https://www.buzzsprout.com/1378024/5935186>

If you would like to join a conversation about this piece on **Wednesday 21st October at 19.30** you can join a live Zoom event. Please note that the event will be recorded.

Here's the timetable:

19.15-19.30: Arrivals/login

19.30 - approx. 20.00: Streaming of the most recent podcast "Making Footprints Not Blueprints" < <https://www.buzzsprout.com/1378024/5935186>

20.00 - 21.00: Questions to, and conversations with, Andrew James Brown moderated by Courtney Whalen Van de Weyer

21.00: Event ends

Those of you who have already listened to the podcast and who only wish to join in the conversation are invited to login to the meeting at about 19.55.

Topic: Cambridge Unitarian Church Evening ConversationTime: Oct 21, 2020 07:30 PM London

Join Zoom Meeting<https://us02web.zoom.us/j/84392377109?pwd=V2pGMjlKS2dQWTdYeFI2QzVxWGdH>

Meeting ID: 843 9237 7109

Passcode: 533306

Love and best wishes as always,

Andrew

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If, on reading this, you decide you would like to join us on Sunday morning and do not have the necessary Zoom link then please contact our Church Secretary, Brendan Boyle, via the contact page of our website. Just look through the dropdown tabs to find "Secretary":

<<https://www.cambridgeunitarian.org/contact/>>

Please log in between 9.45 and 10am. The meditation starts at 10am sharp, and finishes about 10.50. There will then be a short break to allow you to stretch your legs, compose your thoughts, or put the kettle on. The 'Time for Conversation' will start about 11am, and if you aren't taking part in the meditation, feel free to sign in during the break for the conversation.

To get the most from the meditation, you will find it helpful to either print out the order of service, or display it in a second window. Here is the link:

Order of Service for the Mindful Meditation

<<https://www.cambridgeunitarian.org/wp-content/uploads/2020/03/Evening-Service.pdf>>

You might also wish to have a small candle or tea-light to hand to light at a certain point during the meditation.

If you can't come to the live Zoom meditation, at the following link, you can download an mp3 of the service I made for you back at the beginning of lockdown. For your delectation I'll be recording a new, higher fidelity one in the very near future:

MP3 of the Service of Mindful Meditation

<https://drive.google.com/file/d/1kxAceHiN-WAn7w3PoaSRKPWZkP7Aslo_/view>

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