

GREETINGS FROM EMMANUEL ROAD AND LINKS WEEKLY ADDRESS/PODCAST - 30TH JANUARY 2021

Posted on January 30, 2021 by Andrew Brown

Greetings to you all. I trust all remains as well as can be expected with you all.

As in previous weeks, please remember that if you would like to speak with me during the week simply reply to this email and we can arrange a suitable time to talk properly either by telephone or Zoom. Alas, the new strain of the coronavirus is clearly so infectious that, for the moment, it seems best to put on hold my offer of taking a socially distanced walk somewhere in and around town except for the most pressing reasons. It is clear we need to continue to double down on our duty to minimise direct contact with one another in order both to protect ourselves and others.

Please note there is now a new number for the church office. You can find that below my signature.

As usual, here are links to this week's address/podcast which was, in part, written for the Cambridge U3A PHL 04: Humanism and Religion class on what it means to be 'skeptics with naturally religious minds' or 'open-minded reverent' humanists.' It's called:

The case for an Ecstatic Humanism

You can read the text here:

<https://andrewjbrown.blogspot.com/2021/01/the-case-for-ecstatic-humanismbeing.html>

And listen to the podcast here:

<https://open.spotify.com/episode/07ys9rZNHy2vXZDWYL1ZLJ>

If you would like to join a conversation about this or any other podcast then please note our next Wednesday Evening Zoom meeting will take place on 10th February at 19.30 GMT. I'll send the link out in next week's greetings.

And, lastly, as always, if on reading this you decide you would like to join us on Sunday morning for the service of mindful meditation and time of conversation following and do not have the necessary Zoom link then please contact our Church Secretary, Brendan Boyle, via the contact page of our website. Just look through the dropdown tabs to find "Secretary":

<https://www.cambridgeunitarian.org/contact/>

Please log in between 9.45 and 10am. The meditation starts at 10am sharp, and finishes about 10.50. There will then be a short break to allow you to stretch your legs, compose your thoughts, or put the kettle on. The 'Time for Conversation' will start about 11am, and if you aren't taking part in the meditation, feel free to sign in during the break for the conversation.

To get the most from the meditation, you will find it helpful to either print out the order of service, or display it in a second window. Here is the link:

Order of Service for the Mindful Meditation

<https://www.cambridgeunitarian.org/wp-content/uploads/2020/03/Evening-Service.pdf>

You might also wish to have a small candle or tea-light to hand to light at a certain point during the meditation.

A representative recorded version of the service is available for download via my podcast site here:

<https://open.spotify.com/episode/58kI7c6zviN3JgGqWmAync>

With love and best wishes as always,

Andrew

Andrew James Brown

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