

# NEW YEAR 2021 GREETINGS FROM EMMANUEL R

*Posted on January 2, 2021 by Andrew Brown*

Greetings to you all on this first weekend of what is likely to be an extremely challenging New Year.

In my (very short) address/podcast this week I have tried to offer up a few positive words that might be of some genuine help to one or two of you but which, at the same time, don't pretend that everything is tickety-boo. We all know everything is not.

Connected with this latter point, please remember that if you would like to speak with me during the week please be in touch by replying to this email and we can arrange a suitable time to talk properly either by telephone, Zoom or by taking an appropriately socially distanced walk somewhere in and around town.

So here are the links to this week's address/podcast:

**An ass eats its hay and a gardener turns their spade in readiness for the New Year**

**Text:** <https://andrewjbrown.blogspot.com/2021/01/an-ass-eats-its-hay-and-gardener-turns.html>

**Podcast:** <https://www.buzzsprout.com/1378024/7099813>

The next series of online, Zoom conversations will start either at the end of January or the beginning of February 2021.

And, lastly, as always, if on reading this you decide you would like to join us on Sunday

morning for the service of mindful meditation and time of conversation following and do not have the necessary Zoom link then please contact our Church Secretary, Brendan Boyle, via the contact page of our website. Just look through the dropdown tabs to find "Secretary":

<https://www.cambridgeunitarian.org/contact/>

Please log in between 9.45 and 10am. The meditation starts at 10am sharp, and finishes about 10.50. There will then be a short break to allow you to stretch your legs, compose your thoughts, or put the kettle on. The 'Time for Conversation' will start about 11am, and if you aren't taking part in the meditation, feel free to sign in during the break for the conversation.

To get the most from the meditation, you will find it helpful to either print out the order of service, or display it in a second window. Here is the link:

Order of Service for the Mindful Meditation

<https://www.cambridgeunitarian.org/wp-content/uploads/2020/03/Evening-Service.pdf>

You might also wish to have a small candle or tea-light to hand to light at a certain point during the meditation.

With love and best wishes as always,

Andrew

Andrew James Brown

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